



What to Bring to UCA Camp

Per Squad

- SPIRIT RAISING PROPS
 - Poms, Signs, Megs & Flags
- OUTFITS FOR THE PEP RALLY: CIRCUS IN THE STANDS!
 - On Night 3, there will be the Circus themed Pep Rally. Teams are encouraged to dress for the rally's theme. Some costume ideas include circus animals, clowns, carnival food, ring masters, tightrope walkers and more.
- COMPLETED LIABILITY RELEASE FORMS
 - For each person, this includes Advisors, Chaperones & Coaches. Turn in at the registration table at camp check-in. UCA must have the original copy. DO NOT send forms to the UCA office.
- CHEER ATTIRE
 - T-shirts, shorts, cheer shoes, briefs, sports bras, socks and ribbon. Most teams wear matching outfits although it is not required. Contact your Varsity Spirit Fashion Rep for camp wear today!
- TEAM UP FOR ST. JUDE LETTERS
 - Pre-order your fundraising letters at stjude.org/varsity or have each team member bring **two** addresses to complete them at camp!
- UNIFORMS
 - May be worn during Evaluations & Final Day if desired but are not required.

Per Participant

- BED LINENS - SHEETS, BLANKETS, PILLOWS
- CAMERA
- MEDICATIONS
 - Most camps have First Aid personnel on duty; however, it is recommended that each squad brings sunscreen, lip balm, bandage or tape, medications for muscle soreness or headaches. Varsity Spirit is not allowed to administer any medication at camp.
- NOTEBOOK & PEN
 - Bring daily to all classes.
- PAJAMAS
- PHONE & CHARGER
- RAIN COAT &/OR UMBRELLA
- SNACKS
- SPENDING MONEY – OPTIONAL
 - Most cheerleaders bring \$50-\$75 for snacks and merchandise.
- TOILETRIES/ TOWEL